

California School for the Deaf, Riverside

Menu for Week of November 2 through 6, 2026

Day	Breakfast	Lunch	Dinner
Monday 2	Fruit Juice Chilled Fruit Cold Cereal (Elem) Yogurt (MS, HS) Wheat Toast Scrambled Eggs Margarine Milk	Honey Lemon Chicken Steamed Rice Stir-Fry Vegetables Salad Bar <i>Ranch Dressing</i> Frozen Fruit Cup/Chilled Fruit Milk	Meat Flautas Spanish Rice Tortilla Soup/Saltine Crackers Salad Bar Ranch Dressing/Salsa Sunflower butter Bar/Fresh Fruit Milk
Tuesday 3	Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) Meat Quesadilla Salsa Milk	Irish Nacho w/Ground Beef Cornbread Refried Beans Salad Bar <i>Ranch Dressing/Salsa</i> Pretzels/Fresh Fruit Milk	Beefy Macaroni Bread Stick Capri Blend Salad Bar Ranch Dressing Muffin/Chilled Fruit Milk
Wednesday 4	Fruit Juice Fresh Fruit Egg Waffles Scrambled Eggs Syrup Milk	Meatballs w/Gravy Spaghetti Noodles Autumn Blend Salad Bar <i>Ranch Dressing</i> Chilled Fruit Milk	Chicken Chow Mein Egg Roll Mixed Vegetables Salad Bar Ranch Dressing/Soy Sauce Lemon Mousse Pie/Fresh Fruit Milk
Thursday 5	Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) English Muffin Cheese Omelet Margarine Milk	Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Salad Bar <i>Ranch Dressing</i> <i>Margarine/Catsup</i> Graham Crackers/Fresh Fruit Milk	Chili Cheese Fries Hotdog on a Bun Salad Bar Ranch Dressing Margarine/Catsup Cookie/Chilled Fruit Milk
Friday 6	Fruit Juice Fresh Fruit Assorted Cold Cereal Applesauce Oatmeal Muffin Milk	Meat Taco Spanish Rice Mexicorn Salad Bar <i>Ranch Dressing/Salsa</i> Brownie Chilled Fruit Milk	No Dinner Provided

This institution is an equal opportunity provider. *Menu subject to change without notice.
 Esta institución es un proveedor de igualdad de oportunidades. Menú sujeto a cambios sin aviso.