

# California School for the Deaf, Riverside

Menu for Week of November 6 through 10, 2023

Day	Breakfast	Lunch	Dinner
Monday 6	Fruit Juice Applesauce w/Cinnamon  Egg Waffles Tri Taters Syrup  Milk	<b>BBQ Pork</b> Macaroni & Cheese Autumn Blend  Celery Sticks & Carrot Sticks <i>Ranch Dressing</i>  Frozen Fruit Cup/Chilled Fruit  Milk	Chicken Fajita w/Tortilla Spanish Rice Mexicorn  Salad Bowl Ranch Dressing/Salsa  Lemon Bar/Fresh Fruit Milk
Tuesday 7	Fruit Juice Chilled Fruit  Wheat Toast Cheese Omelet Margarine  Milk	<b>Meat Taquitos</b> Spanish Rice Refried Beans  Cucumber & Tomatoes Ranch Dressing Salsa/Sour Cream  Fresh Fruit  Milk	Herb Seasoned Baked Chicken Mashed Potatoes/Gravy Mixed Vegetables  Salad Bowl Ranch Dressing  Cupcake/Chilled Fruit  Milk
Wednesday 8	Fruit Juice Fresh Fruit Assorted Cold Cereal (MS, HS)  Breakfast Taco Salsa  Milk	<b>Chicken Nuggets</b> Oven Roasted Potatoes Dinner Roll  Salad Bowl <i>Ranch Dressing</i> <i>Margarine/Catsup</i>  Pretzels/Chilled Fruit  Milk	Pork Chow Mein Capri Blend  Asian Chicken Salad Soy Sauce  Cookie/Chilled Fruit  Milk
Thursday 9	Fruit Juice Chilled Fruit Assorted Cold Cereal  Banana Bread  Milk	<b>Irish Nacho w/Ground Beef</b> Cornbread Pinto Beans  Celery Sticks & Cucumber Ranch Dressing  Cake w/Strawberry Topping Fresh Fruit  Milk	<b>Happy Veterans Day</b>
Friday 10	<b>Happy Veterans Day</b>	<b>Happy Veterans Day</b>	WEEKLY MENUS 2023-2024 2Q W2

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.  
 \*Menu subject to change without notice.